

## Rockridge Montessori School - Infant/Toddler Daily Schedule

7:50 – 8:20	Breakfast Time - Children who arrive prior to 8:15 a.m. can bring breakfast from home to eat at the school. <i>Parents must help their children eat breakfast if they arrive after 8:15 a.m.</i>
7:30 – 9:00	Morning Greetings, Child directed Activities – Duplo, Train Set, Play dough, Easel, Shaving Cream, Art, Manipulatives, etc.
9:00-9:20	Manipulatives and Art activities
9:20-9:40	Circle: Stories
9:45– 10:00	Snack – Children will be served a healthy snack as a group. Snack time promotes social interaction as well as introduces healthy eating.
10:00-10:15	Circle: Songs and hand movements
10:15 --10:50	Montessori Activities – Child directed period, designed to help the child become familiar with his/her surroundings and deepen their awareness of self. During this period the child is introduced to “everyday” activities that promote self-esteem, independence while helping to establish community
10:50-11:00	Circle: Story Time
11:00– 11:30	Outside Time – Children have the opportunity to stretch, flex, and exercise on the various types of age-appropriate play equipment that we have to offer.
11:30 – 12:00	Lunch Time – Parents provide their children with lunch from home. Lunch is a community building time. Language is also being learned and reinforced during this time.
11:45 – 2:00	Nap Time – Children can wake up whenever they are ready.
2:00 – 2:45	Outside Time
2:50 – 3:10	Snack
3:10 – 3:45	Art, or manipulatives
3:45- 4:00	Circle: Dance, Music, Movement
4:00– 4:30	Outside Time
4:30 – 5:00	Snack
5:00 – 5:45	Manipulatives and Art activities
5:45– 6:00	Circle Story Time
	Parents Pick Up – See You Tomorrow! ☺

Children are changed 5-6 times throughout the day and also as needed.

This is an approximation of the daily schedule.  
Movement in the schedule is revised as deemed necessary by the teachers.